

我不是故意的

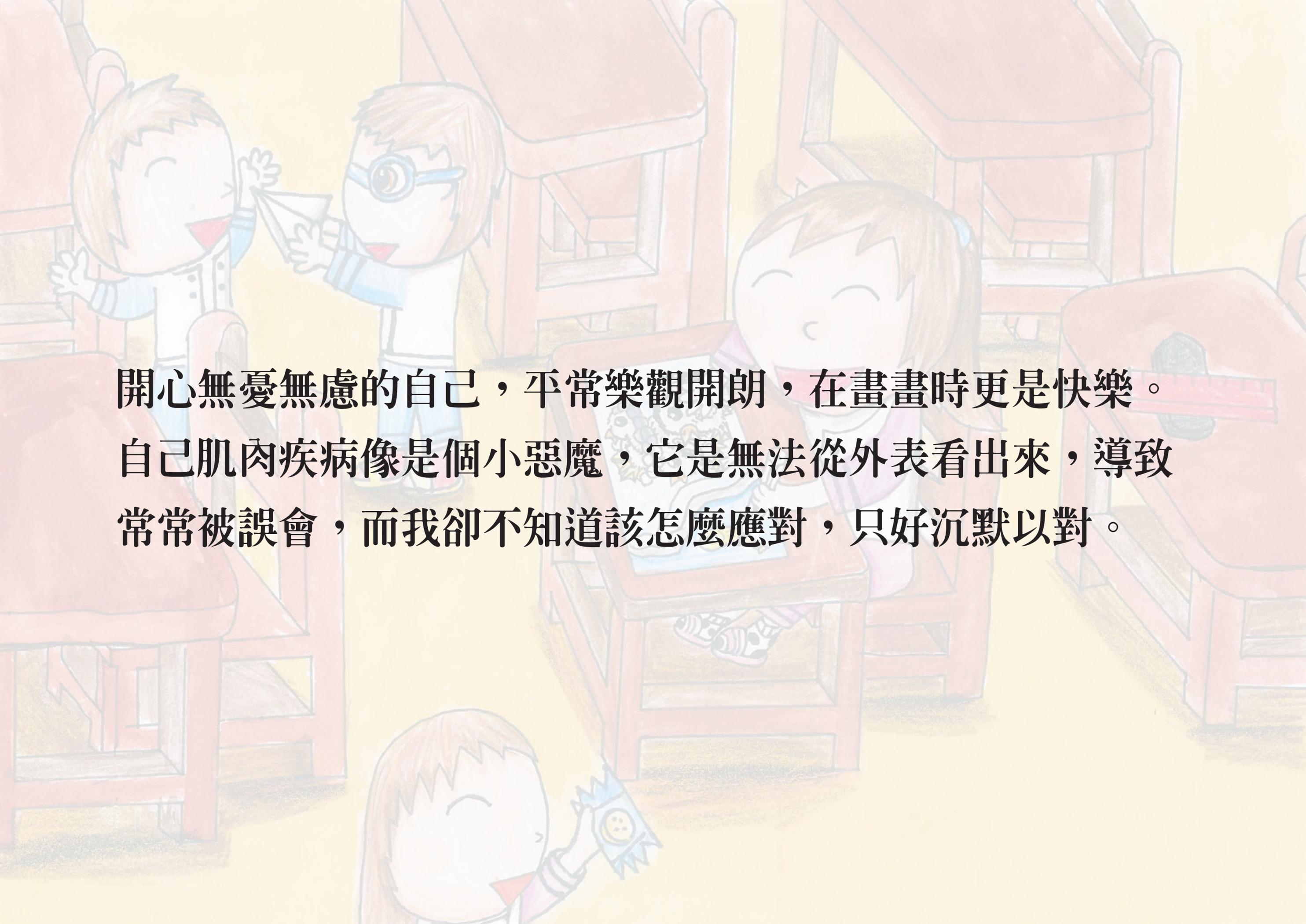


自我介紹及創作理念

〈我不是故意的〉

我是楊舒閔，在兩歲多時得了「第一型糖尿病」，終身必須注射胰島素維持生命，命運又捉弄了我，又發現了「先天性肌肉失養症」的罕病，一開始肌肉發展、協調不好，爲了訓練肌耐力，嘗試各種的學習，因而產生了繪畫的興趣，畫畫讓我更有自信。

：想傳達肌肉失養症這個是漸進式的病程，而我的外表看起來跟常人無異，體力和肌力比一般人差很多，很容易被人誤解，我的身體就像背著一個小惡魔，希望透過繪本，同理與包容不一樣的我。



開心無憂無慮的自己，平常樂觀開朗，在畫畫時更是快樂。
自己肌肉疾病像是個小惡魔，它是無法從外表看出來，導致
常常被誤會，而我卻不知道該怎麼應對，只好沉默以對。





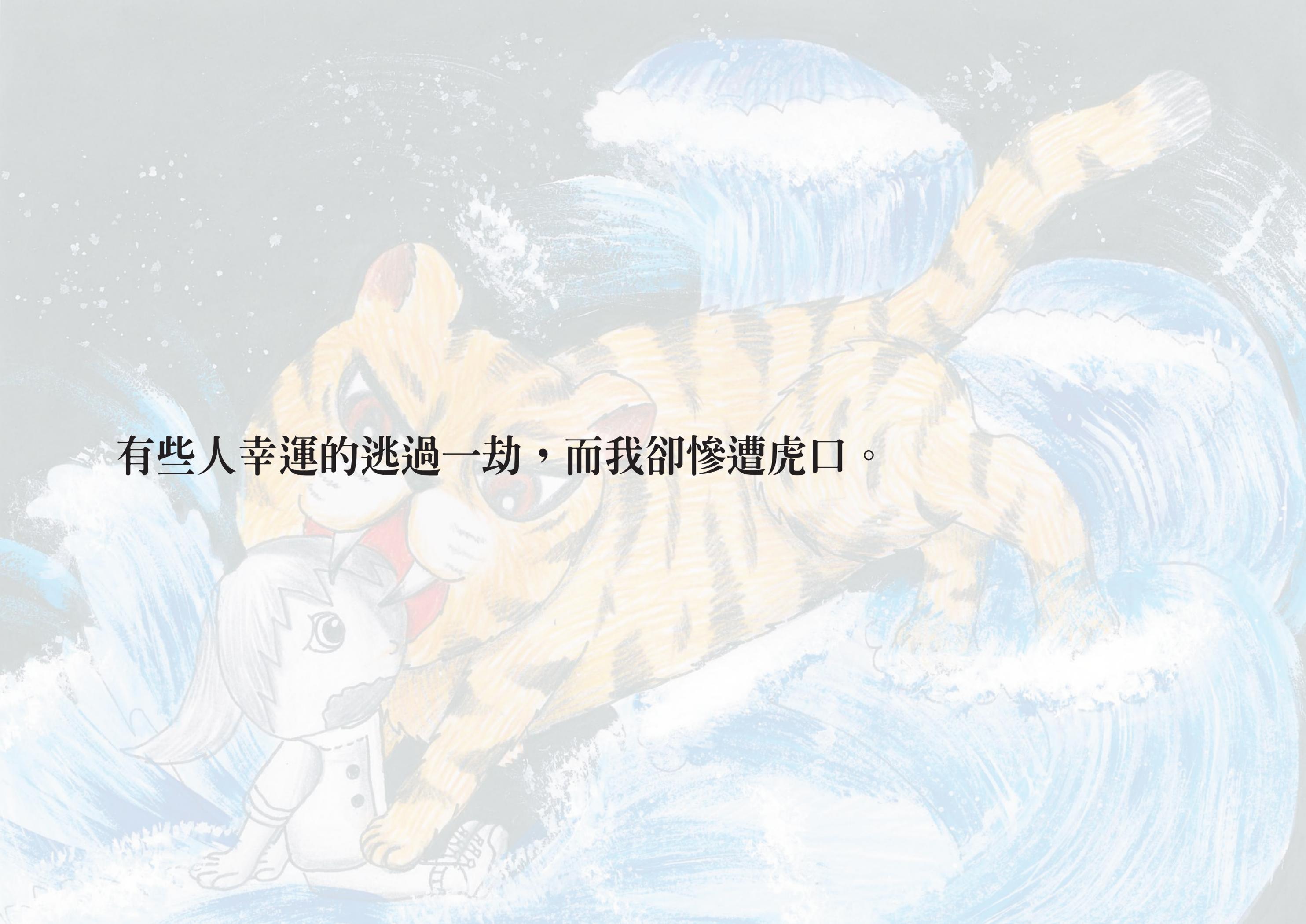
有一次體育課時，老師要大家跳繩，看似跟大家一樣的自己，跳繩卻讓我感到緊張，自己的腳總是不聽使喚。



A cartoon illustration of four children jumping rope in a grassy field. The children are wearing white shirts with pink accents and pink pants. The child on the far left is holding the rope. The child next to them is smiling. The child in the middle has a surprised expression. The child on the right has their eyes closed. The background shows a blue sky and green trees.

跳繩如海浪，浪一來，猶如猛獸撲過來
大家奮力一跳，萬萬沒想到……



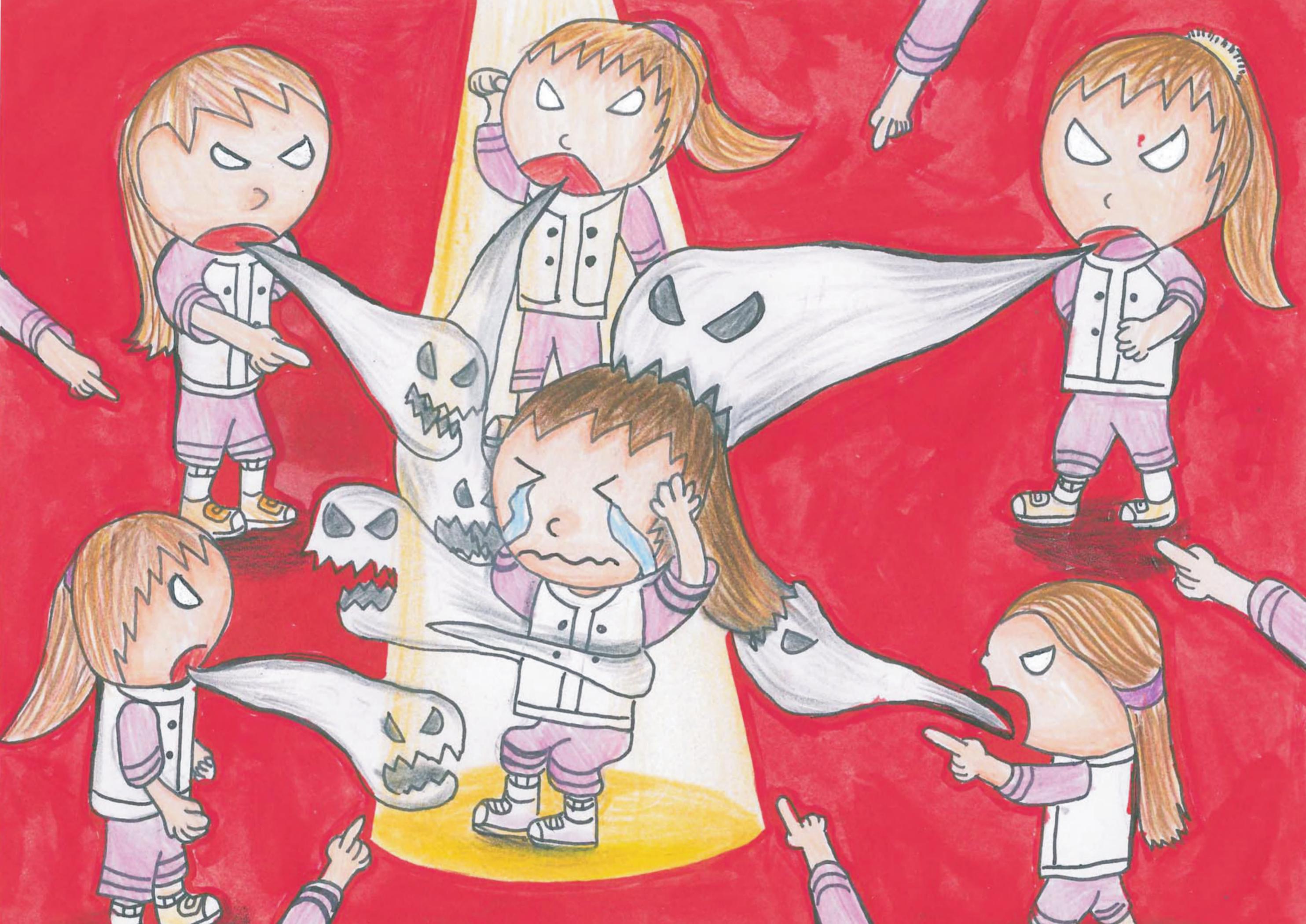
An illustration of a large, orange and black striped tiger with a red collar, looking down at a small, white, round character with a single eye and a mustache. They are surrounded by swirling blue and white waves, suggesting a storm or a sea. The tiger's expression is somewhat menacing or intense.

有些人幸運的逃過一劫，而我卻慘遭虎口。



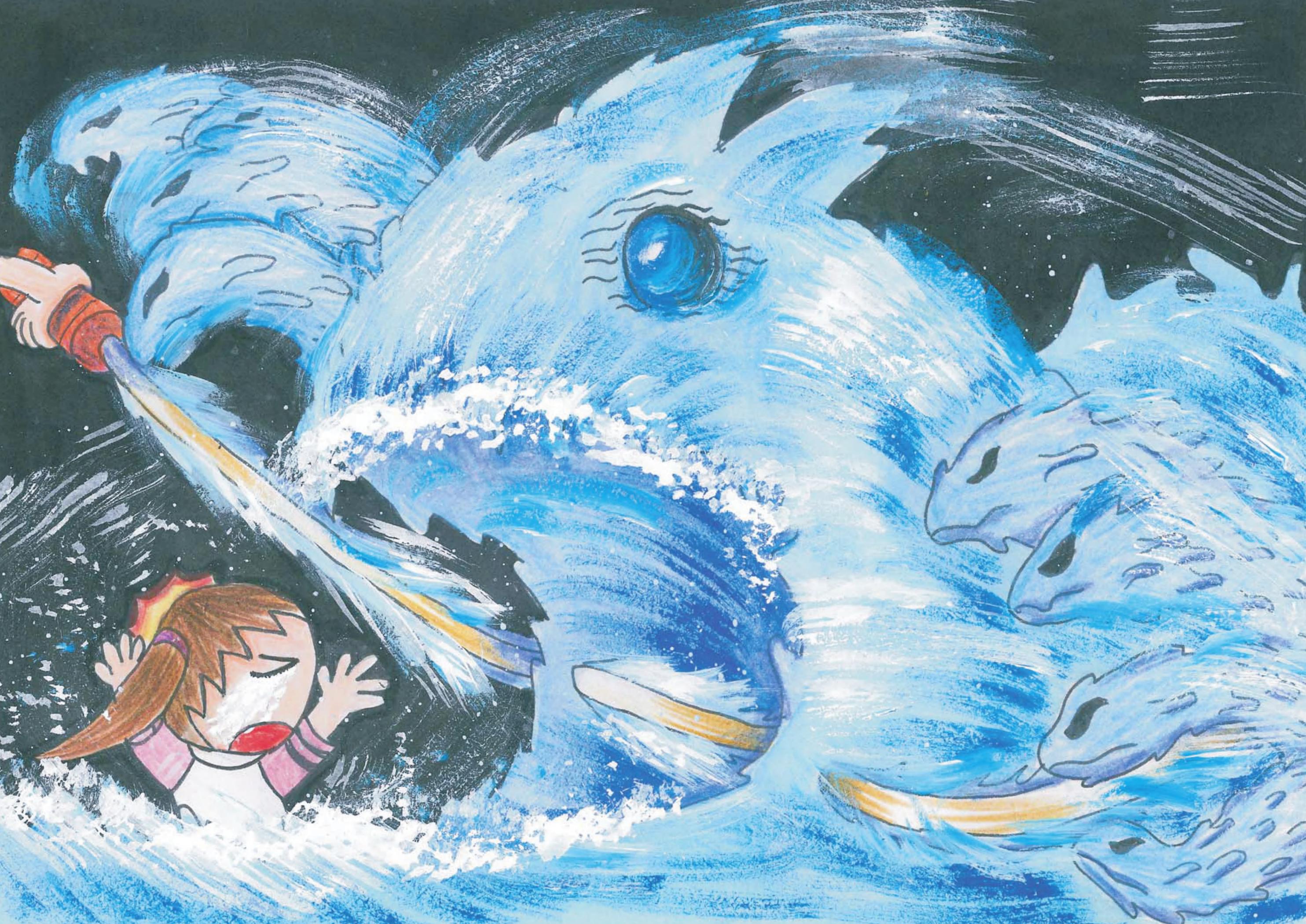
An illustration depicting a scene of bullying. In the center, a girl with brown hair is being surrounded by several other girls with blonde hair. The blonde girls have angry expressions and are pointing towards the central girl. Some of the blonde girls have long, white, ghost-like speech bubbles coming from their mouths, which contain a skull and crossbones symbol, representing harsh and insulting language. The background is a solid red color, and a yellow spotlight illuminates the central girl. The overall style is a simple, cartoonish line drawing with flat colors.

隨後出現不是安慰的語句，而是各種的酸言酸語、冷嘲熱諷。



A watercolor illustration depicting a scene of intense emotion. A large, blue dragon with a single prominent eye and a long, pointed snout is breathing fire. The fire is rendered in bright yellow and orange, contrasting with the blue of the dragon and the dark blue of the water. In the lower-left corner, a small girl with long brown hair, wearing a pink top, is shown from the chest up, looking up at the dragon with a distressed expression. Her hands are raised in a gesture of fear or surprise. The background is a dark, swirling blue, suggesting a stormy sea or a night sky. The overall style is soft and painterly, with visible brushstrokes and a muted color palette.

這些話語如海浪把我捲走，我嚇得眼淚直流。



An illustration of two young girls on a beach at night. The girl on the left is smiling and holding the hand of the girl on the right, who has a worried expression. A bright yellow flashlight beam illuminates them from the left. In the background, a hand holds a flashlight, and waves are crashing on the right. The scene is set against a dark night sky with stars.

這時友情伸出援手，拉我一把，我才逃離浪的魔爪。



同理心與 包容

事後老師教導同學們，要有同理心及包容每個人的不一樣，更讓同學了解我不是故意的。謝謝老師安慰我，即時幫助我，並傳達自己內心受傷的一面。

第一組	正正丁
第二組	正正
第三組	正正一
第四組	正一
第五組	正正



同理心與包容

第一組	正正丁
第二組	正正
第三組	正正一
第四組	正一
第五組	正正
第六組	正正正一

