

我不是故意的



自我介紹及創作理念

〈我不是故意的〉

我是楊舒閔，在兩歲多時得了「第一型糖尿病」，終身必須注射胰島素維持生命，命運又捉弄了我，又發現了「先天性肌肉失養症」的罕病，一開始肌肉發展、協調不好，爲了訓練肌耐力，嘗試各種的學習，因而產生了繪畫的興趣，畫畫讓我更有自信。

：想傳達肌肉失養症這個是漸進式的病程，而我的外表看起來跟常人無異，體力和肌力比一般人差很多，很容易被人誤解，我的身體就像背著一個小惡魔，希望透過繪本，同理與包容不一樣的我。




開心無憂無慮的自己，平常樂觀開朗，在畫畫時更是快樂。
自己肌肉疾病像是個小惡魔，它是無法從外表看出來，導致
常常被誤會，而我卻不知道該怎麼應對，只好沉默以對。





有一次體育課時，老師要大家跳繩，看似跟大家一樣的自己，跳繩卻讓我感到緊張，自己的腳總是不聽使喚。

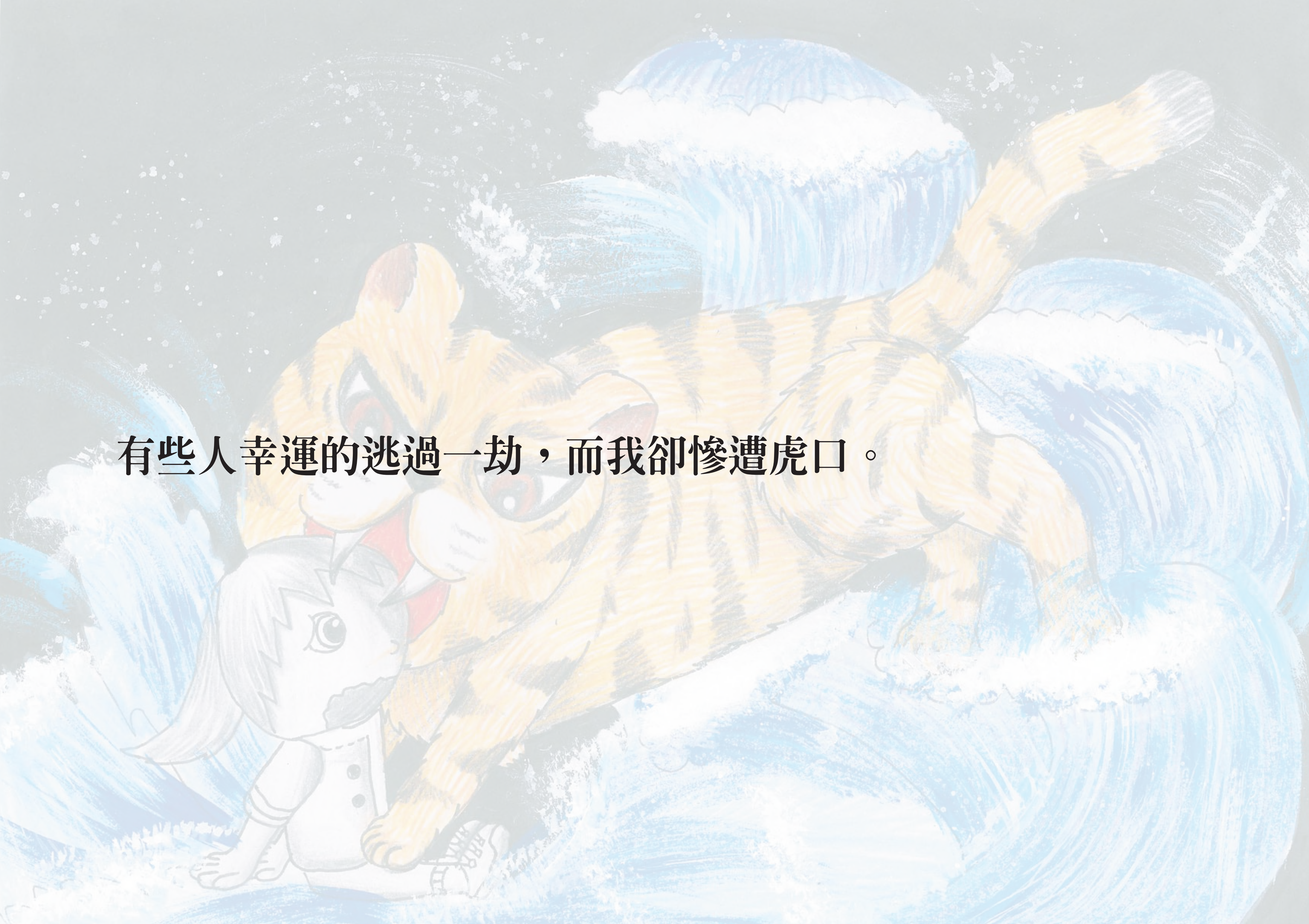


A cartoon illustration of four children jumping rope on a grassy field. The children are wearing white shirts with pink accents and pink pants. The child on the far left is holding the rope. The child next to them is smiling. The child in the middle has a surprised expression. The child on the right has their eyes closed. The background shows a blue sky with clouds and some trees.

跳繩如海浪，浪一來，猶如猛獸撲過來
大家奮力一跳，萬萬沒想到……



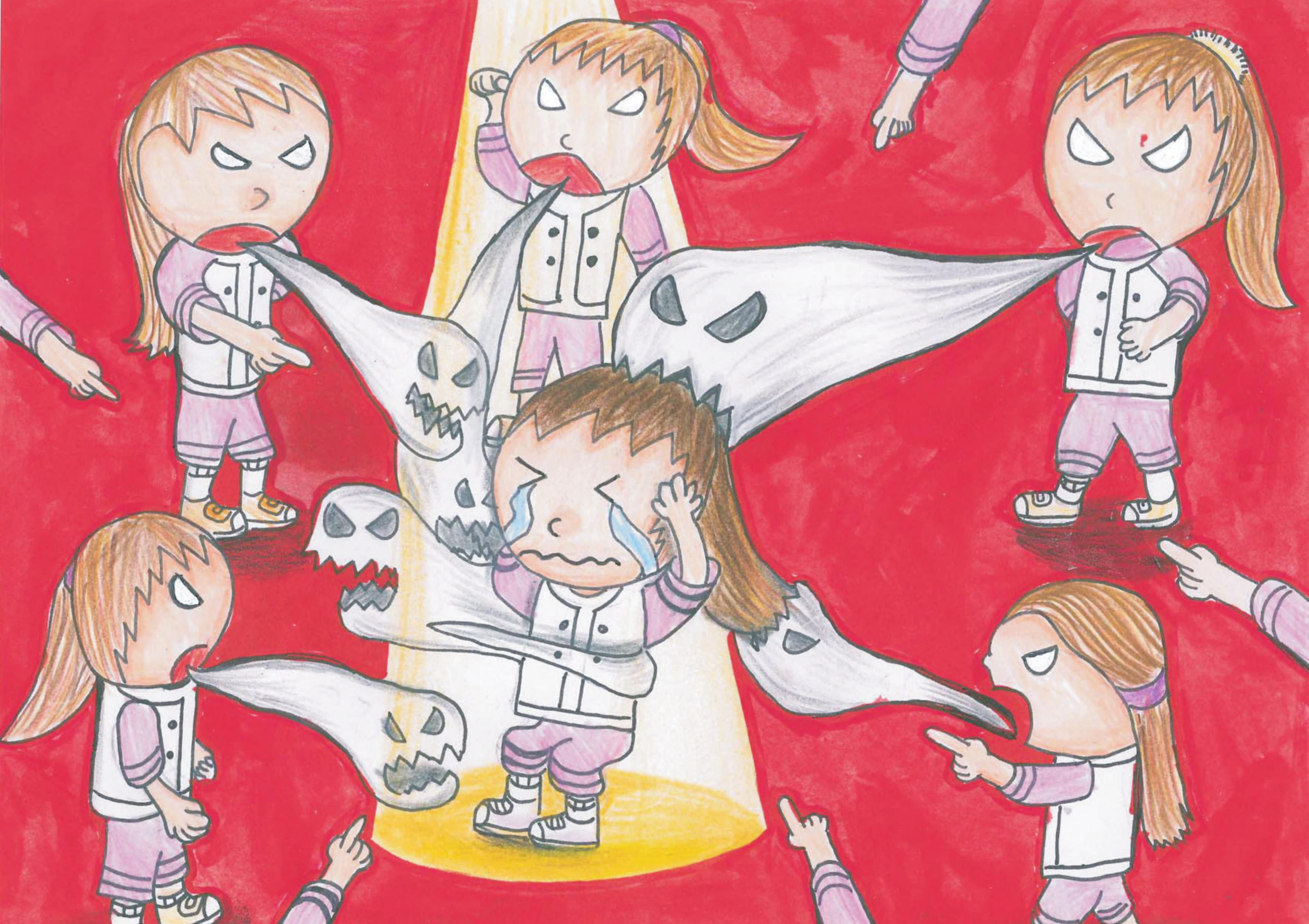
有些人幸運的逃過一劫，而我卻慘遭虎口。





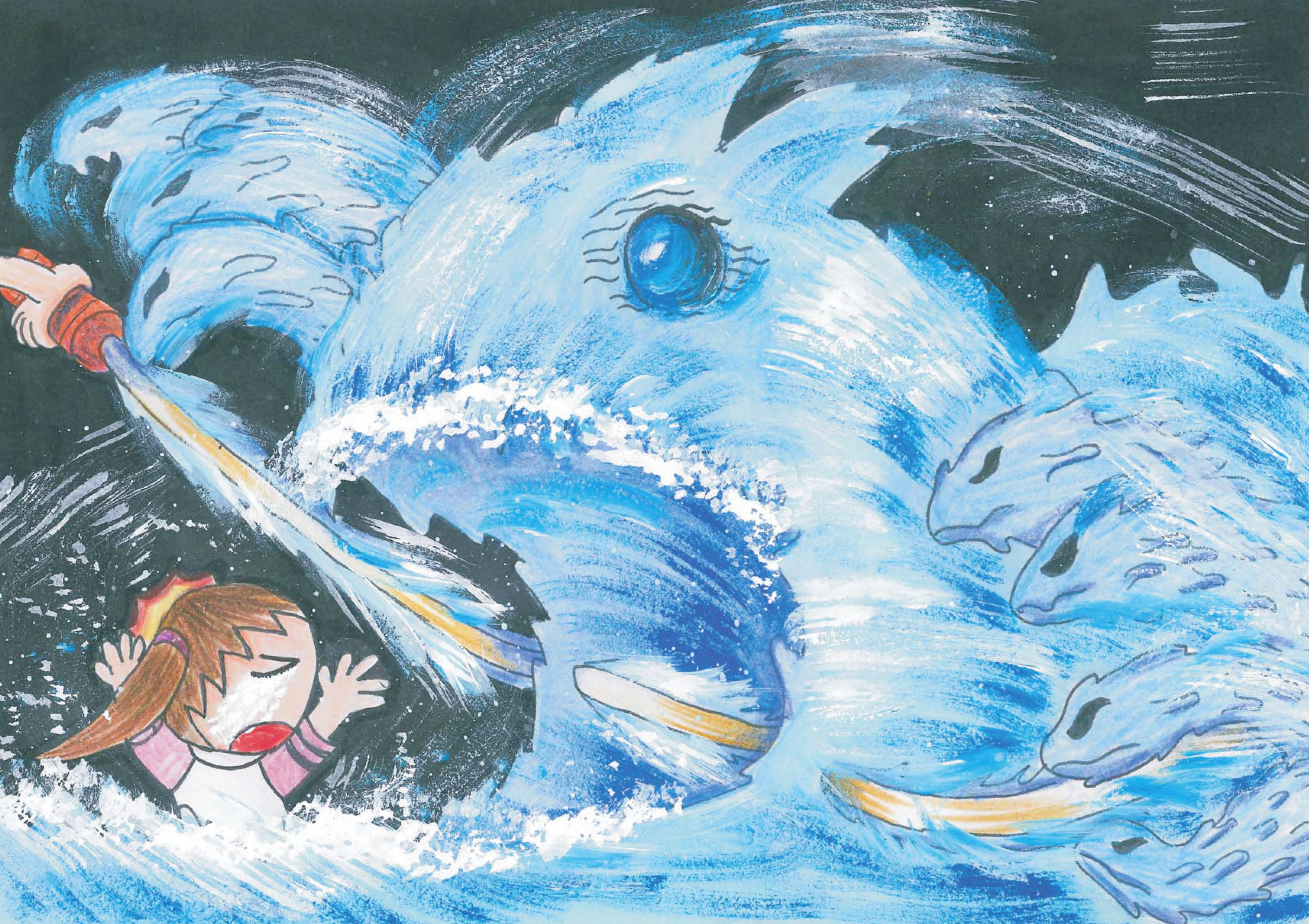
An illustration depicting a scene of bullying. A central girl with brown hair, wearing a purple jacket and pants, is crying and holding a knife. She is surrounded by several other girls with blonde hair, wearing purple jackets and pants, who are pointing and speaking to her. The background is a solid red color. The central girl is standing on a yellow circular patch. The other girls are positioned around her, some pointing towards her. The overall scene is one of aggression and harassment.


隨後出現不是安慰的語句，而是各種的酸言酸語、冷嘲熱諷。



A watercolor illustration depicting a dramatic scene. A large, blue dragon with a single prominent eye and a long, yellow-tipped tail is breathing fire. The fire is directed towards a small girl with long brown hair, who is floating in the water. The girl has a distressed expression, with her eyes closed and hands raised. The background is dark, suggesting a night sky or a deep sea. The overall style is soft and painterly, with visible brushstrokes and a muted color palette.

這些話語如海浪把我捲走，我嚇得眼淚直流。





這時友情伸出援手，拉我一把，我才逃離浪的魔爪。



同理心與 包容

事後老師教導同學們，要有同理心及包容每個人的不一樣，更讓同學了解我不是故意的。謝謝老師安慰我，即時幫助我，並傳達自己內心受傷的一面。

第一組	正正丁
第二組	正正
第三組	正正一
第四組	正一
第五組	正正



同理心與包容

第一組	正正丁
第二組	正正
第三組	正正一
第四組	正一
第五組	正正
第六組	正正正一

