



19th

文薈獎

／ 一句話的力量

2020 全國身心障礙者文藝獎

圖畫書類 | 大專社會組

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〈一句話的力量-成為更好的自己〉

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學習放下樂在生活

自我介紹及創作理念

我是羅汶淇，1978年出生於桃園楊梅，我是一名先天性弱勢，雖然受限於視力，但是畫圖和攝影，卻是我最大的興趣，平常閒來無事總喜歡隨手塗鴉、或是帶著相機出門，紀錄一些生活上的有趣事物。

因為受到視力的侷限
我曾經自卑封閉過
對自己沒有信心，不敢面對外界
將自己的內心
藏在陰暗的角落

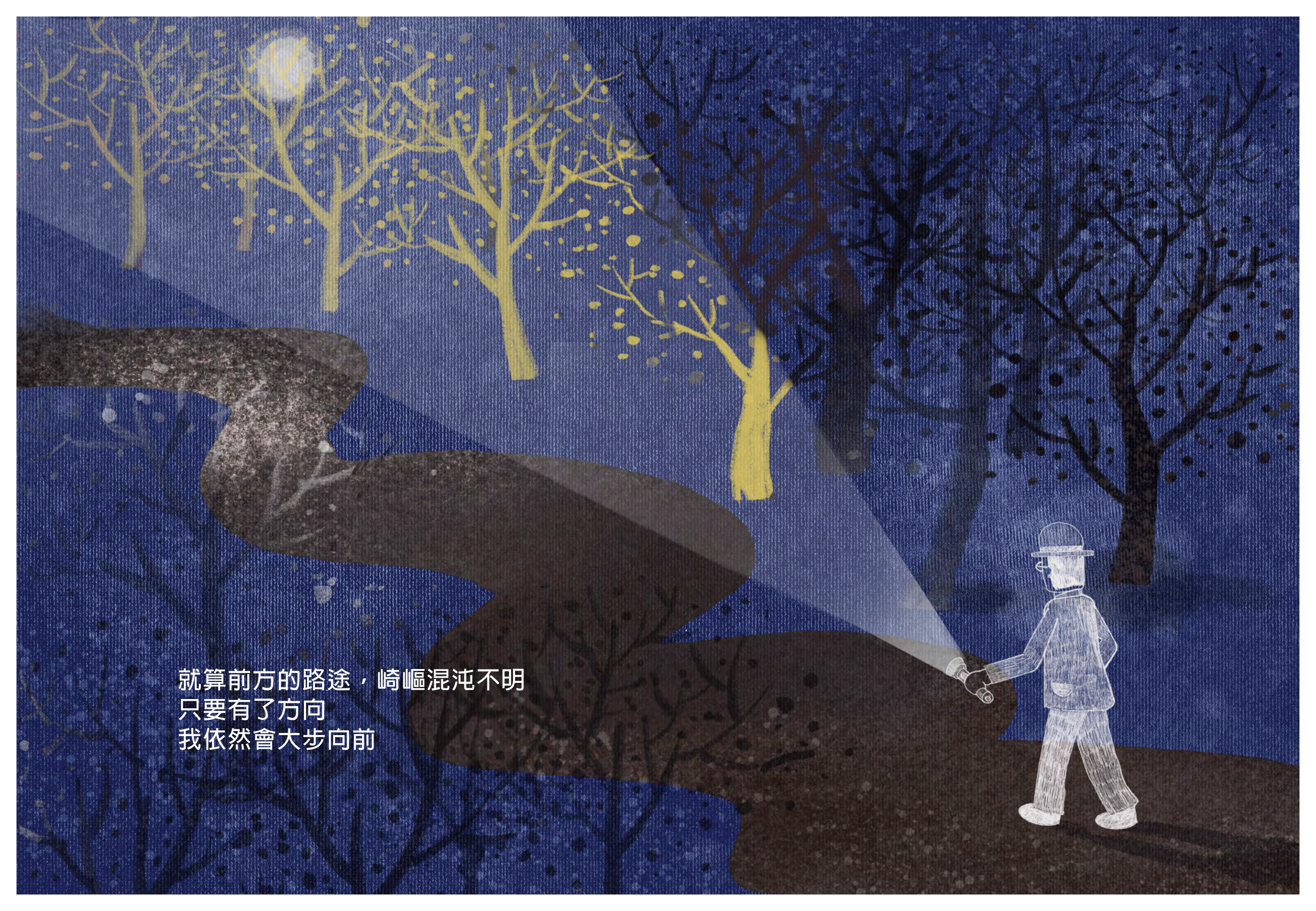


無意間聽到一段話
每個人都應該讓自己更好
用心去感受這世界不同的色彩
「成為更好的自己」這句話
便一直在我心裡迴盪著




我試著打開心中的那扇門
想要找到值得努力付出的方向
讓自己
成為更好的自己



An illustration of a person in a dark, textured forest at night. The person is wearing a hat and a jacket, and is holding a flashlight that illuminates a path ahead. The trees are dark and silhouetted against a deep blue background. The overall mood is mysterious and determined.

就算前方的路途，崎嶇混沌不明
只要有了方向
我依然會大步向前

A colorful illustration of a person standing on a rocky peak, looking up at a large, multi-layered rainbow against a background of soft, glowing circles. The person is wearing a hat and a jacket, and has their arms raised in a gesture of triumph or awe. The rainbow is composed of several distinct, overlapping bands of color, including purple, blue, green, yellow, orange, and red. The background is a gradient of colors from yellow to blue, with numerous soft, glowing white circles of varying sizes scattered throughout, creating a dreamlike atmosphere.

我相信只要堅持
終會登上山峰
看到屬於自己的彩虹
成為更好的自己